

# OUR WORKSHOPS

- ★ Developed by curriculum experts and delivered by experienced drama and dance specialists
- ★ Social, emotional and literacy skill development through creativity and independent thought
- ★ Build confidence, character and a love of the dramatic and visual arts
- ★ Age appropriate activities and learning outcomes
- ★ High-quality arts instruction in multiple disciplines

Each workshop costs \$199 and runs 2.5 hours. Maximum 30 students.



*"It was great to see our students so engaged, excited and immersed in learning through hands-on activities."*

- JK/SK Teacher

## FRIENDSHIP + FAMILY

JK/SK

Climb aboard a pirate ship called *The Friendship!* Children learn why we need our family, friends, community and the environment through activities at five arts-based stations. They build connections, fine motor, social, language and cognitive skills and take home a paper suitcase filled with the treasures they create.

## CHILDREN AROUND THE WORLD

JK/SK

Let's celebrate what makes us all unique while discovering that we are all the same on the inside. Through the five sensory and inquiry-based centres, children explore different cultures, foods, sounds, smells and instruments from around the world, and take home a handmade rain stick and passport.

## ALL IN THE COMMUNITY

JK/SK

Students act out scenarios to learn how to express their feelings, why manners are important and how to treat others with respect. Dress-up, role playing, art activities and puppet friends teach about different people in the community. The group works together to create The Thankful Tree and write down what makes them unique, and take home an I AM SPECIAL badge.



## SUPERKIDS!

GRADE 1/2

Hop on the NO BULLIES BUS in this workshop designed to foster friendships, peace and safety. Five activity centres encourage self-worth and problem-solving, as well as taking turns, respect and independent thought. We talk about when to call 911 and who to turn to if you need help. Every student makes a heart necklace and receives a special message from a friend.

## DANCE ACROSS CANADA

GRADES 2 - 8

Explore the diversity of Canada through movement and dance. You might just catch a jig, break into a Hip Hop beat, saddle up for some line dancing, twirl into a Bollywood or a Bhangra dance and so much more. Students learn about rhythm and keeping time while choreographing a final dance performance and expressing themselves in an energetic and creative setting.

## ALL THE WORLD IS A STAGE

GRADES 3 - 8

In this engaging and interactive workshop, students collaborate with their peers to create short adaptations of classical fairy tales and fables. They learn about stage directions, various roles in theatre and other backstage elements that make a production come to life. The workshop concludes with a peer performance based on a classical tale through the students' own creative interpretation.

## IMPROV YOUR ACTING

GRADES 4 - 8

Students will need to think on their feet in this lively and humour-filled introduction to the world of improvisation. This exhilarating workshop encourages teamwork and peer support as students flex their creative muscles to quickly develop and build on humorous scenarios. This workshop strengthens self-esteem, helps build confidence and nurtures peer connections and respect.

## CONFIDENCE CREATES CHARACTER

GRADES 2 - 8

Through a series of guided age-appropriate interactive role playing scenarios, students explore strategies to approach difficult social settings by developing skills to alleviate anxiety, deal with peer pressure and handle bullying. This workshop helps build character and self-confidence, and empowers students by teaching coping skills and preparing them to manage potentially stressful situations in a safe environment.