

Classroom Workshops

Suitcase Theatre's in-class workshops are developed and delivered by experienced facilitators, ECE experts, and drama and dance specialists. \$199 for a 2.5 hour morning or afternoon session.

NEW! Dance Your Way - Grades 1-8

Promote positive body image, encourage mental health and well-being and celebrate personal creative expression. Simple steps coach mindful movers to connect with their body and unite with music from around the world.

NEW! Emotions in Motion: Helping Kids Cope - JK-Grade 2

Focusing on well-being, mental health and helping children interpret the world around them, this workshop opens the dialogue for feelings, treating friends fairly and learning coping skills that are age appropriate.

Friendship + Family Workshop – JK/SK LEVEL

Rotate through five inquiry-based centres including mask, hat and puppet-making, dress-up, dance, movement and music and art. Children learn why we need our family, friends, community and the environment to live happy and healthy lives.

Superkids Workshop – GRADE 1-2 LEVEL

Hop on the NO BULLIES BUS in this workshop designed to foster friendships, peace and safety, and learn who to turn to if you need help, or when you are hurt or feeling sad. The activities also encourage taking turns, respect and independent thought.

Children Around the World Workshop – JK/SK LEVEL

Celebrate everyone's unique abilities and reinforce that we are all the same on the inside. Five sensory and inquiry-based centres encourage role-playing and problem solving through drama, music, dress-up and a communal creative art project.

All in the Community Workshop – JK/SK LEVEL

Students engage in interactive scenarios and learn that we all need each other to be happy and healthy in our homes, school and community through dress-up, role playing, art activities and the use of puppet friends.

Dance Across Canada – Grades 2 – 8

As we explore the diversity of Canada, you might just catch a jig, break into a Hip Hop beat, twirl into a Bhangra dance and so much more. This workshop teaches students the ability to express themselves in an energetic and creative setting.

All the World is a Stage – Grades 3 – 8

Students learn the importance of collaboration as they work together to create short adaptations of classical fairy tales. They also learn about stage directions, roles in theatre and the backstage elements that make a production come to life.

Improv your Acting – Grades 4 – 8

This lively and fun workshop invites students to think on their feet, while encouraging teamwork and peer support as they work together to create scenarios requiring swift creativity mixed with a good dose of humour.

Confidence Creates Character – Grades 2 – 8

This workshop empowers students by offering a safe space to express themselves, building character and self-confidence, and teaching coping skills through a series of guided interactive role playing scenarios.

For more information, visit suitcasetheatre.com, email workshops@suitcasetheatre.com or call 647-654-7529.

